

A flat-lay composition featuring baby clothes, a chalkboard, a teddy bear, and various flowers. In the center is a black chalkboard with a wooden frame containing the text 'Bub & Me Checklist'. Surrounding it are baby items: a green-trimmed onesie, a pink-trimmed onesie with a cartoon pattern, a floral headband, and a pair of white socks. To the left is a white teddy bear and a piece of paper with handwritten text. To the right is a pink hairbrush. The bottom is decorated with a large pink protea flower, smaller white flowers, and greenery. Two wooden blocks with orange patterns are also present.

# Bub & Me Checklist

up and  
down the  
branches go the  
busy little gummy

**BIGW**





# Hospital Bag Essentials for *Bub & Me.*

# Hospital Bag Essentials for *Bub* & Me.

We've got you covered with a list of trusted essentials to ensure you and your baby are ready for the big day.

## Mum

- ☐ Maternity Leggings
- ☐ Nursing Tops
- ☐ Button Up Pyjamas
- ☐ Maternity Underwear
- ☐ Maternity Bras
- ☐ Nursing Pads
- ☐ Dressing Gown
- ☐ Socks
- ☐ Slippers
- ☐ Hairbands
- ☐ Toiletries
- ☐ Nipple Cream
- ☐ Easy Open Water Bottle
- ☐ Extra Phone Charger
- ☐ Heat Pack

## Notes

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## Baby

- ☐ Convertible Car Seat
- ☐ Nappies
- ☐ Baby Wipes
- ☐ 4 x Short or Long Sleeve Suits
- ☐ 1 x Baby Beanie
- ☐ 4 x Baby Singlets
- ☐ 2 x Muslin Wraps
- ☐ 1 x Baby Blanket





# Essentials for *Bub* & Me at home.





# Essentials for *Bub* & Me at home.

We've got you covered with a list of trusted essentials to ensure you are ready to bring your little one home.

## Nursery

- ☐ Bassinet and Cot
- ☐ Mattress
- ☐ Mattress Protector
- ☐ Fitted Cot Sheet
- ☐ Swaddles
- ☐ Baby Sleeping Bags
- ☐ Change Table and Mat
- ☐ Washing Basket
- ☐ Dresser/Drawers
- ☐ Baby Monitor
- ☐ Nightlight

## Bathtime

- ☐ Soft Face Washers
- ☐ Baby Bath
- ☐ Baby Bath Wash
- ☐ Moisturisers
- ☐ Bath Toys
- ☐ Bath Thermometer
- ☐ Baby Nail Clippers

## Baby Clothes

- ☐ Singlets
- ☐ Body Suits
- ☐ Coveralls
- ☐ Socks
- ☐ Mittens
- ☐ Daywear outfits

## Travel

- ☐ Pram/Strollers
- ☐ Pram Blanket
- ☐ Pram Rain and UV cover
- ☐ Baby Carrier
- ☐ Convertible Car Seat
- ☐ Car Window Shade
- ☐ Rear Facing Mirror
- ☐ Travel Cot
- ☐ Nappy Bag



## Breastfeeding

- ☐ Nursing Bras
- ☐ Nursing Tops
- ☐ Breast Pads
- ☐ Breast Pump
- ☐ Breast Milk Storage
- ☐ Steriliser
- ☐ Nipple Cream
- ☐ Feeding Support Pillow

## Bottle-Feeding

- ☐ Bottles
- ☐ Teats
- ☐ Formula
- ☐ Steriliser
- ☐ Bottle Brush
- ☐ Bottle Carrier
- ☐ Bottle Warmer

## Notes

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## Playtime

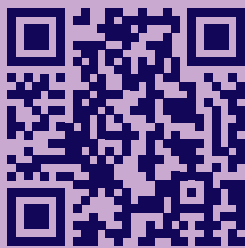
- ☐ Baby Books
- ☐ Play Mat
- ☐ Baby Gym
- ☐ Bouncer
- ☐ Baby Swing
- ☐ Activity Toys

## Changing

- ☐ Dresser/Drawers
- ☐ Nappy Cream
- ☐ Baby Wipes
- ☐ Nappies, Lots of Nappies!!







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